

reference	participants' characteristics	intervention group/ control group	outcomes	critical appraisal/ conclusion																																																																																							
<p><a href="#">Grosen et al. 2014</a> Perioperative gabapentin for the prevention of persistent pain after thoracotomy: A randomized controlled trial. Eur J Cardiothorac Surg. 2014;46(1):76-85.</p>	<p><b>inclusion criteria</b></p> <ul style="list-style-type: none"> <li>- age 18–80 yrs</li> <li>- pulmonary malignancy scheduled for anterior thoracotomy</li> </ul> <p><b>exclusion criteria</b></p> <ul style="list-style-type: none"> <li>-inability to fill in detailed health- and pain-related questionnaires</li> <li>- psychiatric disease</li> <li>- serum creatinine concentrations <math>\geq 120 \mu\text{mol/L}</math></li> <li>- allergy to gabapentin, morphine, bupivacaine and/or ibuprofen</li> <li>- average pain during the last week <math>\geq 4</math> NRS 0–10</li> <li>- standardised treatment with opioids - anticonvulsants</li> </ul> <p><b>demographic data:</b></p> <table border="1"> <thead> <tr> <th></th> <th>group P</th> <th>group G</th> </tr> </thead> <tbody> <tr> <td>sex (m/f)</td> <td>29/23</td> <td>23/29</td> </tr> <tr> <td>age (yrs)</td> <td>62 [56–69]</td> <td>67 [58–72]</td> </tr> <tr> <td>height (cm)</td> <td>173<math>\pm</math>9</td> <td>172<math>\pm</math>10</td> </tr> <tr> <td>weight (kg)</td> <td>74<math>\pm</math>15</td> <td>78<math>\pm</math>18</td> </tr> <tr> <td>BMI (kg/m<sup>2</sup>)</td> <td>25<math>\pm</math>4</td> <td>26<math>\pm</math>5</td> </tr> </tbody> </table> <p><b>patient flow and follow up:</b> total patient number included: 104 randomised in: group G: 30 group P: 37 excluded: 37 analysed: 67 follow-up: postop days 1-5, 3 months, 6 months</p>		group P	group G	sex (m/f)	29/23	23/29	age (yrs)	62 [56–69]	67 [58–72]	height (cm)	173 $\pm$ 9	172 $\pm$ 10	weight (kg)	74 $\pm$ 15	78 $\pm$ 18	BMI (kg/m <sup>2</sup> )	25 $\pm$ 4	26 $\pm$ 5	<p><b>intervention prior to anaesthesia</b></p> <ul style="list-style-type: none"> <li>- group G (gabapentin): received an initial PO of 1200 mg gabapentin 2 h before surgery, followed by POD1: 300 mg x2</li> <li>POD2: 300 mg x3</li> <li>POD3–5: 300 mg x4 equivalent to a total dose of 6300 mg.</li> <li>- group P (placebo): same regimen using placebo</li> <li>- TEA, started before surgery and for 72 h:</li> <li>- bolus bupivacaine 0.5%, continuous infusion of 0.25% + morphine 50 <math>\mu\text{g/mL}</math>, 10 mL/h</li> </ul> <p><b>mode of anaesthesia</b></p> <ul style="list-style-type: none"> <li>- fentanyl</li> </ul> <p><b>supplemental analgesia</b></p> <ul style="list-style-type: none"> <li>- PO acetaminophen 2 g and diazepam 2.5–5 mg, 2 h before surgery</li> </ul> <p><b>postoperative analgesia</b></p> <ul style="list-style-type: none"> <li>- TEA, started before surgery and for 72 h:</li> <li>- bolus bupivacaine 0.5%, continuous infusion of 0.25% + morphine 50 <math>\mu\text{g/mL}</math>, 10 mL/h</li> <li>- intermittent epidural bolus if needed (2–4 mL bolus; lo 15–20 min)</li> <li>- acetaminophen (4 g/d)</li> <li>- ibuprofen (800 mg/day)</li> </ul> <p><b>rescue analgesia</b></p> <ul style="list-style-type: none"> <li>- IV morphine titration</li> </ul>	<p><b>postoperative pain: n (%)</b></p> <table border="1"> <thead> <tr> <th></th> <th>group P</th> <th>group G</th> </tr> </thead> <tbody> <tr> <td>Pain at 3 months</td> <td>n=37</td> <td>n=39</td> </tr> <tr> <td>Any pain</td> <td>22 (59%)</td> <td>23 (59%)</td> </tr> <tr> <td>NRS <math>\geq 4</math></td> <td>5 (23%)</td> <td>5 (23%)</td> </tr> <tr> <td>Pain at 6 months</td> <td>n=37</td> <td>n=30</td> </tr> <tr> <td>Any pain</td> <td>18 (49%)</td> <td>14 (47%)</td> </tr> <tr> <td>NRS <math>\geq 4</math></td> <td>3 (17%)</td> <td>5 (36%)</td> </tr> </tbody> </table> <p>- Brief Pain Inventory (BPI) [NRS 0–10]</p> <ul style="list-style-type: none"> <li>- there were no differences between the treatment groups in terms of intensity, interference and quality of persistent post-thoracotomy pain</li> </ul> <p><b>supplementary analgesia (mg) mean<math>\pm</math>SD</b></p> <ul style="list-style-type: none"> <li>- epidural morphine consumption</li> <li>- group P: 14.1<math>\pm</math>8.4</li> <li>- group G: 10.0<math>\pm</math>6.4</li> <li>- difference: 4.1 mg (95% CI 1.0–6.1 mg)</li> <li>- p=0.01</li> </ul> <p><b>total dosage of morphine in 24 h</b></p> <ul style="list-style-type: none"> <li>- no difference between treatment groups in postop morphine consumption</li> </ul> <p><b>adverse effects/events</b></p> <ul style="list-style-type: none"> <li>- no clinically meaningful differences between the treatment groups were observed in the frequencies of predefined analgesia-related adverse effects over the 5-day treatment period</li> <li>- gabapentin had no effect on postop lung and exercise capacities</li> </ul>		group P	group G	Pain at 3 months	n=37	n=39	Any pain	22 (59%)	23 (59%)	NRS $\geq 4$	5 (23%)	5 (23%)	Pain at 6 months	n=37	n=30	Any pain	18 (49%)	14 (47%)	NRS $\geq 4$	3 (17%)	5 (36%)	<p><b>methodological shortcomings</b></p> <ul style="list-style-type: none"> <li>-no details on implementation of randomisation</li> </ul> <p><b>level of evidence: 1</b></p> <p><b>authors' conclusion</b></p> <p>"We found no evidence for the superiority of gabapentin over placebo for the treatment of acute pain following thoracotomy or for the prevention of persistent post-thoracotomy pain"</p>																																																
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<p><a href="#">Kinney et al. 2012</a> Preoperative gabapentin for acute post-thoracotomy analgesia: a randomized, double-blinded, active placebo-controlled study. Pain Pract. 2012;12(3):175-83.</p>	<p><b>inclusion criteria</b></p> <ul style="list-style-type: none"> <li>- age 45–75 years</li> </ul> <p><b>exclusion criteria</b></p> <ul style="list-style-type: none"> <li>- planned chest wall resection</li> <li>- cardiovascular surgery</li> <li>- gastroesophageal surgery</li> <li>- current enrolment in another post-thoracotomy analgesic research protocol</li> <li>- pre-existing pain syndromes</li> <li>- daily opioid therapy &gt;20 mg oral morphine equivalents</li> <li>- current gabapentin or pregabalin therapy</li> <li>- allergy to any study medication</li> <li>- coagulation or infectious issues that would preclude epidural catheter placement</li> <li>- severe psychological disorders or</li> <li>- inability to understand the study protocol</li> <li>- prisoners or other institutionalised individuals</li> <li>- severe hepatic, renal or cardiovascular disorders.</li> </ul> <p><b>demographic data:</b></p> <table border="1"> <thead> <tr> <th></th> 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style="list-style-type: none"> <li>- group GABA: 600 mg PO gabapentin 2 h preop</li> <li>- group C: active placebo (diphenhydramine 12.5 mg) same protocol</li> <li>- TEA, started before incision:</li> <li>- infusion of 0.075% bupivacaine + 10 <math>\mu\text{g/mL}</math> hydromorphone delivered at 6 mL/h</li> </ul> <p><b>type of surgery (n, %)</b></p> <table border="1"> <thead> <tr> <th></th> <th>GABA</th> <th>C</th> </tr> </thead> <tbody> <tr> <td>Lobectomy</td> <td>32 (56%)</td> <td>37 (59%)</td> </tr> <tr> <td>Bilobectomy</td> <td>4 (7%)</td> <td>2 (3%)</td> </tr> <tr> <td>Wedge resection</td> <td>8 (14%)</td> <td>16 (25%)</td> </tr> <tr> <td>Segmentectomy</td> <td>4 (7%)</td> <td>3 (5%)</td> </tr> <tr> <td>Pneumonectomy</td> <td>2 (4%)</td> <td>3 (5%)</td> </tr> <tr> <td>Other</td> <td>7 (12%)</td> <td>2 (3%)</td> </tr> </tbody> </table> <p><b>anaesthesia</b></p> <ul style="list-style-type: none"> <li>- GA was based on inhaled agents after IV induction at the attending anaesthesiologist's discretion</li> </ul> <p><b>supplemental analgesia</b></p> <ul style="list-style-type: none"> <li>- if required:</li> <li>- IV ketorolac 15 mg was given once</li> </ul> <p><b>postoperative analgesia</b></p> <ul style="list-style-type: none"> <li>- during the first 48 h postop, PO acetaminophen 650 mg/6 h or IV ketorolac 15 mg /6 h</li> <li>- if NRS &gt;4 in PACU: IV fentanyl 25 <math>\mu\text{g}</math>, every 2 min, max 200 <math>\mu\text{g}</math> in PACU</li> <li>- IV PCA fentanyl for rescue 10 <math>\mu\text{g}/10</math> min/max 200 <math>\mu\text{g}</math> by 4 h</li> </ul>		GABA	C	Lobectomy	32 (56%)	37 (59%)	Bilobectomy	4 (7%)	2 (3%)	Wedge resection	8 (14%)	16 (25%)	Segmentectomy	4 (7%)	3 (5%)	Pneumonectomy	2 (4%)	3 (5%)	Other	7 (12%)	2 (3%)	<p><b>postoperative pain [NRS]: mean<math>\pm</math>SD</b></p> <p>Postoperative pain scores over the first 48 h were low and did not differ significantly between treatment groups</p> <table border="1"> <thead> <tr> <th></th> <th>C</th> <th>GABA</th> <th>p</th> </tr> </thead> <tbody> <tr> <td>at rest</td> <td></td> <td></td> <td></td> </tr> <tr> <td>POD1</td> <td>2.9<math>\pm</math>1.8</td> <td>3.1<math>\pm</math>1.9</td> <td>0.53</td> </tr> <tr> <td>POD2</td> <td>2.5<math>\pm</math>1.8</td> <td>2.5<math>\pm</math>1.8</td> <td>0.92</td> </tr> <tr> <td>on coughing</td> <td></td> <td></td> <td></td> </tr> <tr> <td>POD1</td> <td>5.0<math>\pm</math>2.6</td> <td>5.2<math>\pm</math>2.9</td> <td>0.74</td> </tr> <tr> <td>POD2</td> <td>5.1<math>\pm</math>2.5</td> <td>5.0<math>\pm</math>2.2</td> <td>0.78</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>- analgesic use did not differ between groups at anytime point after surgery up to POD3</li> <li>- the frequency of patients experiencing pain at 3 months post-thoracotomy did not differ significantly between groups (%)</li> </ul> <table border="1"> <thead> <tr> <th></th> <th>C</th> <th>GABA</th> <th>p</th> </tr> </thead> <tbody> <tr> 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and did not confer any analgesic benefit in the setting of effective multimodal analgesia that included thoracic epidural infusion."</p>
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<p><a href="#">Huot et al. 2008</a>. Gabapentin does not reduce post-thoracotomy shoulder pain: a randomized, double-blind placebo-controlled study Can J Anaesth 2008;55:337-43</p>	<p><b>inclusion criteria</b>  - age 18–80 yrs  - ASA physical status II–III</p> <p><b>exclusion criteria</b>  - an allergy to local anaesthetics, gabapentin, and/or hydromorphone  - unable to have an epidural catheter  - previous ipsilateral thoracotomy surgery  - preoperative shoulder pain, or any other chronic pain syndrome  - the use of other analgesics in the immediate preoperative period  - a history of drug or alcohol abuse  - unable to understand a numerical rating scale (NRS) for pain</p> <p><b>demographic data:</b></p> <table border="1"> <thead> <tr> <th></th> <th>group G</th> <th>group P</th> <th>28</th> </tr> </thead> <tbody> <tr> <td>Patients (n)</td> <td>23</td> <td>17/11</td> <td></td> </tr> <tr> <td>sex (m/f)</td> <td>11/12</td> <td>17/11</td> <td></td> </tr> <tr> <td>age (yr)</td> <td>60.1±13.6</td> <td>60.0±8.7</td> <td></td> </tr> <tr> <td>weight (kg)</td> <td>71.2±15.9</td> <td>70.1±13.8</td> <td></td> </tr> <tr> <td>height (cm)</td> <td>168.7±6.2</td> <td>167.9±9.3</td> <td></td> </tr> </tbody> </table> <p><b>patient flow and follow up:</b>  <u>total patient number included:</u>  60  <u>randomised in:</u>  group G: 23  group P: 28  <u>excluded:</u>  9  <u>analysed:</u>  51  <u>follow-up:</u>  0, 2, 4, 8, 12, 16, 20, 24 h postop</p>		group G	group P	28	Patients (n)	23	17/11		sex (m/f)	11/12	17/11		age (yr)	60.1±13.6	60.0±8.7		weight (kg)	71.2±15.9	70.1±13.8		height (cm)	168.7±6.2	167.9±9.3		<p><b>intervention prior to anaesthesia</b>  - group G: 1200 mg PO gabapentin 2 h before surgery  - group P: placebo, same protocol</p> <p><b>mode of anaesthesia</b>  TEA  - fentanyl</p> <p><b>surgical approach</b></p> <table border="1"> <thead> <tr> <th>Type of surgery</th> <th>group G</th> <th>group C</th> </tr> </thead> <tbody> <tr> <td>Pneumonectomy</td> <td>4</td> <td>2</td> </tr> <tr> <td>Lobectomy</td> <td>13</td> <td>17</td> </tr> <tr> <td>Segmentectomy/wedge/biopsy</td> <td>6</td> <td>6</td> </tr> <tr> <td>Exploratory thoracotomy</td> <td>0</td> <td>3</td> </tr> </tbody> </table> <p><b>supplemental analgesia</b>  - rescue analgesia: 1–2 mg sc hydromorphone every four to six h  - if NRS&gt;3 at incision site:  bolus of 0.1 mL/kg of epidural solution + infusion rate increased in 2 mL/h increments, to max infusion rate of 16 mL/h  - if still in pain, the epidural solution was changed to 0.125% bupivacaine (0.125%) + 2 µg/mL fentanyl at 10 mL/h</p> <p><b>Intra/postoperative analgesia</b>  - intraop TEA: bupivacaine 0.1% + fentanyl 2 µg/mL at an initial rate of 0.1 mL/kg/h. Adjustments were made between 4–16 mL/h + boluses of 0.1 mL/kg  - postop TEA: infusion rate adjusted to maintain an NRS pain score ≤3 at the surgical site</p>	Type of surgery	group G	group C	Pneumonectomy	4	2	Lobectomy	13	17	Segmentectomy/wedge/biopsy	6	6	Exploratory thoracotomy	0	3	<p><b>postoperative pain [NRS 0-10]: median [range]</b></p> <table border="1"> <thead> <tr> <th>NRS</th> <th>group P</th> <th>group G</th> </tr> </thead> <tbody> <tr> <td>0 h</td> <td>Rest 0 [0-10] Cough 0 [0-10]</td> <td>0 [0-6] 0 [0-10]</td> </tr> <tr> <td>4 h</td> <td>0 [0-5]</td> <td>0 [0-8]</td> </tr> <tr> <td>8 h</td> <td>0 [0-5]</td> <td>0 [0-7]</td> </tr> <tr> <td>12 h</td> <td>0 [0-5]</td> <td>0 [0-7]</td> </tr> <tr> <td>16 h</td> <td>0 [0-5]</td> <td>0 [0-4]</td> </tr> <tr> <td>20 h</td> <td>0 [0-5]</td> <td>0 [0-5]</td> </tr> <tr> <td>24 h</td> <td>Rest 0 [0-2] Cough 1.5 [0-8] All NS</td> <td>0.5 [0-8] 3 [0-10]</td> </tr> </tbody> </table> <p><b>total dosage of hydromorphone mg/24 h: mean±SD</b>  - group G: 2.36±2.5  - group P: 2.65±3.2  (p=0.36)</p> <p><b>adverse effects/ events: n (%)</b>  - no significant difference between groups in nausea, vomiting and pruritis  - sedation at 4 h:  group G (21/23 patients)  group P (18/28 patients; p=0.025)</p>	NRS	group P	group G	0 h	Rest 0 [0-10] Cough 0 [0-10]	0 [0-6] 0 [0-10]	4 h	0 [0-5]	0 [0-8]	8 h	0 [0-5]	0 [0-7]	12 h	0 [0-5]	0 [0-7]	16 h	0 [0-5]	0 [0-4]	20 h	0 [0-5]	0 [0-5]	24 h	Rest 0 [0-2] Cough 1.5 [0-8] All NS	0.5 [0-8] 3 [0-10]	<p><b>methodological shortcomings</b>  - participant flow through each stage was not reported</p> <p><b>level of evidence: 1</b></p> <p><b>authors' conclusion</b>  "Pre-emptively administered gabapentin, 1200 mg, does not reduce the incidence, or the severity of post-thoracotomy shoulder pain in patients receiving thoracic epidural analgesia"</p>
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